

BROWN BEAR 2011 FTX Kit List

Since the exercise will be conducted in early autumn, weather can be unpredictable. Therefore specialized equipment required. The following lists will detail the equipment you are required to bring:

HEALTH CARD – NO CARD = NO GO!

- Warm Sleeping Bag
- Pillow (if needed)
- **Rain jacket and pants** (this activity runs rain or shine)
- Combat Clothing if available/appropriate civilian wear otherwise
- Underwear (2 pair)
- Wool Socks (2 pair)
- Athletic socks (3 pair)
- Personal cleaning kit (soap, toothbrush, tooth paste, deodorant, towels,
- Cool weather sweater (1)
- Lip Balm (Chapstick, Blistic) and sunscreen
- Warm Pants (ie: track pants) **Do not pack or wear jeans.**
- Warm Hat or Toque for evenings
- Long Sleeve shirts
- Proper footwear –comfortable for pt, hiking, etc
- Plate, Bowl, Knife, Fork, Spoon, bottle for water (water available on site)
- Flashlight / extra batteries
- Extra Dry Clothes to change into, if wet weather occurs all weekend
- Backpack, or Rucksack/Duffle Bag (To carry personal equipment pack equipment inside of a garbage bag in your kit bag to keep it dry)
- Any other reasonable camping needs
- Do not bring any piece of issued cadet uniform

You will not bring or have in your possession:

- Knives of any kind (Officers will have all you will need)
- Alcohol
- Cigarettes of any kind

Prescription medication will be reported to the exercise Admin/Med O upon arrival to site on Friday.

THE CANADIAN FORCES DRUG AND ALCOHOL POLICY WILL BE STRICTLY ADHERED TO AT ALL TIMES DURING THE WEEKEND AND IS APPLICABLE TO ALL CADETS, CIC OFFICERS, AND CIVILIANS.